Hi!

Congratulations – you’re a Kid Teacher.

Kid teaching is a way to show your favorite grownups what you know.

It’s fun, easy, and most of all, completely up to you.

But why should you use the teach-back guide?

The benefits for kids includes:

• Demonstrating learning to your adults
• A greater understanding of the lessons in school could yield better grades
• Learn new skills through the creation of a teach-back
• Compare your understanding with friends by sharing lessons on COSI Connects
• Get the adults who keep asking you what you have learned or if you have done your homework off of your back!

You’ll need:

1. Your brain
2. Something to teach – this can be something you just learned or something you want to show off
3. A little time to get ready
4. A grownup to teach!
1. **LEARN:** You’re doing this already! Pick something you’re excited about learning, something you finally figured out, or something your grownup needs help understanding.

2. **CHOOSE:** What kind of lesson is this going to be? It’s up to you! We’ll give you a bunch of ideas to get started on the COSI Connects site [https://cosi.org/connects/](https://cosi.org/connects/)

3. **GET READY:** Grab the materials you need, and start creating your lesson. Remember, you decide the best way to teach your lesson.

4. **TEACH:** Grab your grownup and spend a few minutes showing what you learned. Make sure you ask them lots of questions to make sure they understand.

5. **GET FEEDBACK:** Feedback will help you know what worked well and where to try something different next time.

### Choosing a lesson

Here are a bunch of ideas to get you started:

- Build a model with blocks, clay, rubber bands, etc.
- Invent a board game or activity
- Make a drawing
- Be the star of your own how-to video
- Deliver a presentation
- Have your dolls, toys or puppets put on a show
- Make a collage from magazines or greeting cards
- Give a news report on the event
- Give a performance (live or recorded)
- Explain it three ways
- Create an assignment or test for your grown-up to take
- Write a short story or play
- Write a song
- Write a poem
- Make a travel poster
- Prepare a meal or dessert
- Make a how-to diagram
- Use sports to explain a lesson
Can’t decide?
Head over to https://cosi.org/cosiconnects to get ideas.

What if someone at your house is always using the computer? Well, we have ideas for that, too.

**Getting Feedback:**
If you want to know whether your teaching worked, you have to ask for feedback. Make sure the grownup you’re teaching understands that what you’re sharing is not a test.

Here are four different ways to get feedback:

1. Ask the adult what worked well and where you can improve.
   If there’s something they didn’t understand, try showing or explaining it another way
2. Make a survey. It doesn’t have to be long or complicated. Here’s an example:
   How would you rate the overall lesson?
   Was the lesson easy to understand?
   Would you recommend the lesson to a friend?
3. Ask the adult to write a brief summary of what they learned
4. Ask the adult to “teach back” what they learned

Now share what you learned! Via Twitter, Facebook, or Instagram!

Use this Hashtag:
#COSITeachback
#CantStopCbus
#Teachback
KID TEACHER GUIDE: For Grownups

Online school is tough. For kids, sure, but the real struggle is for us grownups. Even though we’re not trained in the latest teaching methods, we’re on the hook for making sure our children are learning and, hopefully, remembering what they learned.

For adults who are working (in or out of the home), ensuring a safe and healthy environment for our kid (or kids!), and navigating a whole new world of emotions, this can feel like just one more high-stakes job you don’t have enough time or energy for, and you can’t get wrong.

#nopressure

But, you have an amazing, free resource right in your own home. A resource that can help you understand exactly what your kid is learning, what they’re retaining, and what they’re excited about. Best of all, it’s a resource that works while you take a break from facilitating education hands-on.

That resource is (drumroll, please): your kid!

What is it?

You’ve probably heard that teaching a subject is the best way to demonstrate understanding and mastery. The teach-back method, also called the “show-me” method, is a confirmation method used by parents to know whether a student understands what has been taught to them. If a student understands, the adult will be able to assess what was learned when the Kid Teacher “teaches back” the information.

How does it work?

Kids Teach lets your child create a lesson, and then use it to teach you a concept. To be a great student for your Kid Teacher, all you need to do is:

• Pay attention
• Ask questions
• Keep a positive attitude

It’s that easy!
Benefits to adults:

- A stronger relationship with the student and less nagging
- Give your student an opportunity to learn new skills
- You can even leverage the teach-back method to reduce household tasks (for example, if they choose to prepare a meal to show their understanding of measurements)
- Share your student’s success through social media posts of lessons learned
- Get access to a greater community of parent-teachers to collaborate with

Getting Started:

- Check out some lessons from other Kid Teachers
- Share the Kids Teach Guide for Students (link) with your child
- Depending on your child’s age and their level of comfort with materials and technology, you may decide to help your Kid Teacher choose a lesson, or you might just let them run with it.

If you and your kid want to share their lesson with other students, they can! We make it easy to upload lessons at https://cosi.org/cosiconnects

Don’t worry, your kid can’t post to the site without your approval.

Get (and keep) your Kid Teacher Interested

- Keep lessons to just once a week. This gives your kid teacher time to learn new things, select a lesson, and prepare. Don’t push too hard or it will start to feel like a chore
- Make it special – this is a time for all of your attention to be on this one kid
- Let your kid take the lead on who’s in the room. Some kids love a big audience with all eyes on them. Some will thrive when they are in a separate, quiet space

Being an A+ student

Make sure you keep your feedback positive and your attitude curious. Remember, you’re the student. If you need more information, try using these discussion starters:

- Oh, wow, how does that work?
- That’s really interesting, how did you learn all of this?
- Can you explain that again?
- What did you mean when you said _________?
Verify Learning:

While the student is exploring new ways to show learning to you, it’s important that you can confirm that the student has truly learned the material and has made progress on the lessons they need to complete for school. The Teach Back Methods can give you evidence to verify understanding. Consider Bloom’s Taxonomy of Learning, which describes understanding as a pyramid that you build upon:

Bloom’s Taxonomy – Cognitive Domain

Depending on the age range of the student you can vary your expectations. Younger kids may just be achieving understanding and remembering while older students would be expected to apply and analyze. All of the students will show some level of creativity through the teach-back method, however, the lessons from school that is mixed within the teach-back must be clear.

A good practice is to ask about what three lessons or topics from school that you will learn about during the teach-back and at the end of the teach-back make sure all topics are covered. And do your best to understand if your student understands the lesson, can apply the lesson, or even analyze the lesson in connection to other lessons in the same subject.

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